



FOOD QUALITY FOR SUSTAINABILITY AND HEALTH

PROMOTING LOCAL FOOD SYSTEMS

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Community-Led Local Development (CLLD) Conference "Post 2020: Local Action in a Changing World" 3-4 December, 2019, Brussels



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 678024.



LOCAL FOOD SYSTEMS: CONCEPTS & DEFINITIONS

- No single, internationally accepted definition of 'local' food system
- Ambivalent definitions and conceptual approaches:

local and regional food systems (LRFS)
localised agro-food systems (LAFS)
alternative food networks (AFN)
short food supply chains (SFSC)
direct-to-consumer (D2C)

- Local food system, here defined, as:
 - Production and services linked, by their characteristics and operations, to a specific territory
 - Geographical, and social, proximity between primary producers and end-consumers



POTENTIAL WELFARE BENEFITS OF LOCAL FOOD SYSTEMS

ECONOMY

- Job-creation, higher incomes, entrepreneurship opportunities
- Value-added & local multiplier effects in the territory
- Regeneration of local areas

SOCIETY

- Social cohesion, social inclusion, social capital
- Good governance & power relations
- Cultural heritage & regional identity

ENVIRONMENT

- Green food system/ blue economy
- Natural capital & good resource management

NUTRITION & HEALTH

- Food safety
- Food security

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Health & nutritional quality

• Circular economy

Win-win approach to sustainable development?!



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CONSIDERATIONS TO 'BEAR IN MIND'

• Fragmented empirical evidence, lack of systematic and comparative analysis, at different scales and contexts

→ rationale for EU H2020's Strength2food project

- Trade-offs across dimensions and indicators
- Direct and indirect effects for different agri-food supply chain actors
- Heterogeneity across localities and contexts e.g. sociocultural, political and regulatory framework
- Organisational governance, 'hybridity' and engagement in multiple markets (local/global, short/long)
- No 'one-size-fits-all' prescription





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Impact Evaluation of Local-Short Food Systems and their Sustainability: Evidence from North-East England



C R E E L

Fish box scheme, Amble, UK https://northumberlandseafood.co.uk/creel-fish-club/



Farmers' market, Hexham, UK

https://www.hexhamfarmersmarket.co.uk/

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KEY SUCCESS FACTORS – *from Strength2Food*

- Value-added and creation of public goods in local territory
- Product differentiation (quality, reputation and process characteristics) – e.g. organic, PDO, PGI, TSG
- Growth and diversification of small businesses and enterprise start-ups
- Cooperation, networking and community building
- Celebration of territorial diversity, knowledge, tradition and culture



KEY CHALLENGES AND SCOPE FOR INTERVENTION – *from Strength2Food*

Supply (esp. SMEs)

- Governance dynamics e.g. upstream
- Competition with global/larger players (volume, price, convenience)
- Economies of scale investments, facilities/ storage, transport and logistics
- Innovation circular economy, waste reduction, energy recovery, etc.
- Communication and marketing skills e.g. social media
- Legal and regulatory framework e.g. market regulations (quotas), IPs, certifications
- Synergies and collaboration within the territory

Demand

- Consumer awareness, trust and perceptions towards quality and sustainability (e.g. organic)
- Price, convenience and time factors
- Niche customer base? (ageing, well-educated, upper-middle class, 'adventurous')



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Celebrate Local Food Systems and their Landscape!



KEY QUESTIONS FOR TABLE DISCUSSIONS

- 1. What would make the food system more sustainable in your local area?
- 2. What needs to happen at the local level to transition towards a more sustainable local food system?
- 3. What role could your LAG/FLAG play in supporting this transition?

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Thanks for your attention!

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